



Annex 3 - Mentorship Programme Template

GUIDELINES

The mentorship programme would help the post-doc (mentee) during his/her career, while also giving new opportunities to the mentor.

In order to find the best suitable solution, every mentee is asked to fill in this form.

Professors or experts working in the private sector willing to be mentors should fill in this questionnaire as well.

The questionnaire should be completed in English and submitted along with the mandatory supporting documents. All sections of the form should be completed.

For any question, please contact@.....



Compiling as:

- Mentor
 Mentee

Personal Information

Name	
Gender	
Institution	
Location	
E-mail	
Research Area	
Language(s) in which you feel confident to exchange	

Interest Identification

This section aims to identify the mentees' needs and the areas the mentors would like to share their experience. This will enable the EDUC team to make the most appropriate matches.

Please specify your interest for each item (add an "X" choosing one column per row).

Interests	Low	Medium	High
Self-confidence improvement			
Leadership improvement			
Work/Personal life balance			
Intercultural competences			
Time management			
Networking, communication, visibility			
Work and project management			
Career planning and development			



Innovation and entrepreneurship			
Others: _____			

Actions

Intersectoral & multidisciplinary dimensions

Please specify your interest in intersectoral or multidisciplinary dimensions:

Mobility & training (only for mentee)

Please specify your preferences in mobility and training periods:

Commitment

Please specify how often you would like to meet with the mentor/mentee:

Other relevant information

Do you wish to share any other information that might be helpful in finding a match?

Expectations

What do you expect from the mentoring programme?